



Daily Money Tracking Guidelines

- 1) Use the Daily Money Tracking Sheet to **track your income—every single day—to the penny.**

This helps keep you stay connected to your numbers and the flow of money into your life. Remember, what you appreciate, appreciates!

- 2) **Track ALL sources of income in their actual amounts** (not estimates) that come to you each day—include checks, credit card transactions, PayPal, cash, dividend payments, gift cards that have a cash value, gifts via check or cash, found money, etc.
- 3) Make sure you **write down a number every single day, even if it's a zero.**
- 4) Keep your Daily Money Tracking Sheet in **a handy, visible place**, such as on a corner of your desk, taped to a wall near your desk, or another place where you will see it everyday.
- 5) **Create a 60-Day Bold Money Goal** and add to the top of your Daily Money Tracking Sheet.
- 6) **Total your numbers at the end of each month** and write that figure at the bottom of your tracking sheet.
- 7) It's highly recommended that if you are in a marriage or partnership where your finances are combined or integrated in some way that you also **track your partner's daily income** and include on your worksheet.



The Daily Money Tracking Sheet

*I am a powerful magnet for overflowing abundance.
When I give daily attention to my money flow, it GROWS.
What I appreciate, appreciates.*

Month _____ 60-Day Bold Money Goal \$ _____

1st \$ _____

16th \$ _____

2nd \$ _____

17th \$ _____

3rd \$ _____

18th \$ _____

4th \$ _____

19th \$ _____

5th \$ _____

20th \$ _____

6th \$ _____

21st \$ _____

7th \$ _____

22nd \$ _____

8th \$ _____

23rd \$ _____

9th \$ _____

24th \$ _____

10th \$ _____

25th \$ _____

11th \$ _____

26th \$ _____

12th \$ _____

27th \$ _____

13th \$ _____

28th \$ _____

14th \$ _____

29th \$ _____

15th \$ _____

30th \$ _____

31st \$ _____

Monthly Grand Total: _____